



Monroe
Science
Educational
Services

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Camp Monroe: The Lassen Experience - Student Equipment List

All items except sleeping bag and pillow need to fit in **one travel bag or suitcase**. Bags should be labeled with student's name. Sleeping bags and pillows should be secured together with bungee cords. Cell phones are permitted, but cell phone reception is not always available for most carriers.

Required:

- A bagged lunch for the first day
- 1 liter re-useable water bottle
- Sleeping bag
- Pillow
- Medium-weight jacket
- Flashlight with extra batteries (for nights & lava tube cave)
- 2 jeans or long pants
- 2 shorts
- 5-7 socks
- 4 Underwear
- Hiking boots or walking shoes
- Sneakers or comfortable shoes
- 3 t-shirts
- Sweatshirt
- Long sleeve flannel shirt
- Sleepwear or pajamas
- Toothbrush with toothpaste
- Bath towel
- Wash cloth
- Bar soap in plastic bag
- Deodorant
- Sun glasses
- Rain poncho (inexpensive folded plastic)
- Large plastic trash bag for dirty/wet items (clothing/shoes will get wet when in the snow)
- Sunscreen

Supplied:

- ✓ daily meals (except first lunch on trip)

Optional:

- Gloves –if snow on summit
- Plastic Flying disc(s) “Frisbees” for Frisbee Golf
- Flip-flops (shower shoes)
- Playing cards
- CD player, iPod, Gameboy, PSP with headphones for bus rides only

Camp Monroe is not responsible for lost or stolen items!

Regular school rules apply at all times. NO pocket knives or anything else which could be interpreted as a weapon are allowed.

Camp Monroe is located at approximately 4,000ft/1,400m above sea level, even summer can have extreme weather conditions. The climate has an average daily high of 70° - 95°F and lows are 40° - 55°F. Average precipitation is 0 - 3”.

“Be Prepared” is the Scouting Motto